

Frequently Asked Questions:

Multiple Myeloma Support for Navigating Your Treatment Journey



Access and Care Logistics

Are there any resources available to me that can provide financial assistance?

There are many organizations that offer financial assistance to patients with multiple myeloma to help with medical and nonmedical expenses.¹⁻³ For instance, Blood Cancer United (BCU; formerly the Leukemia & Lymphoma Society) offers several financial assistance programs, such as their Co-Pay Assistance Program to help with certain medical expenses and their Urgent Need Program that provides funds for nonmedical expenses (eg, rent, childcare, car insurance).⁴ Additionally, many pharmaceutical companies offer assistance programs to help cover the costs of medication.^{1,3,5}

What resources are available to help me understand costs and insurance coverage?

Financial navigators and social workers can help answer cost- and insurance-related questions and direct you to helpful resources.^{6,7} Reach out to your hospital or clinic to see if they can connect you with a financial navigator or social worker. In addition, BCU has a program wherein you can contact oncology social workers online or by phone.⁸



Scan this QR code for more resources to help you on your journey.



How do I know who to contact for different types of questions, such as medical, scheduling, billing, or insurance questions?

Oncology navigators help guide patients throughout their treatment journey, coordinate care with the whole healthcare team, identify logistical barriers to care, provide education and resources to aid in decision-making, and connect patients with resources and support.⁷ If you have a question about your care, reaching out to your oncology navigator is a good place to start.

Are there transportation or lodging resources available if I have to travel for treatment?

Numerous organizations provide transportation and lodging assistance to patients.¹ BCU offers grants for transportation and lodging, including one specific to patients who are being evaluated to receive chimeric antigen receptor T-cell (CAR T) therapy.⁴ Pharmaceutical companies might also offer support programs, such as the MyCARVYKTI program,⁹ that provide financial assistance for travel-related expenses. State or local governments often have a Medical Assistance Transportation Program, and local public transportation services might provide free or low-cost transportation services for seniors and disabled adults.

What other resources are available to help me throughout my treatment?

Organizations such as BCU, the Multiple Myeloma Research Foundation, the International Myeloma Foundation, Triage Cancer, and the American Cancer Society offer patient and care partner resources in a variety of areas, including nutrition, exercise and physical activity, mental health and wellness, support groups, and more! Your hospital or clinic might also be able to provide further assistance.

Learn more about
**a treatment for multiple
myeloma** after first relapse

LEARN MORE

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Sources

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